BCCPAC Representation Report

Submitted by: **Stephanie Longstaff**

Name of Event: DASH –
Healthy Schools Conference 25th Anniversary Celebration

Date of Event: Nov 6, 2008

Location of Event: Pacific Palisades Hotel

- One of the common themes was that the more control kids have in their education the better their quality of life. Empowering Kids is important, that was echoed from most all speakers.
- BCCPAC has distributed the 'Healthy fund raising for schools' booklet, I feel we should see if we can make more of them available, so that more members of schools can have them. Contact with DASH may allow for us to have more of them and we could distribute upon request. In many schools the PAC does not do the fundraising so the teams and others that do the fundraising need copies of that great resource.
- Encouraging to know that ministries have been formed and were represented at this gathering, the Minister of Healthy Living and Sport, Honourable Mary Polak spoke to us about their vision and the Assistant Deputy Minister from the Ministry of Education and Joint Consortium for School Health, Paige MacFarlane spoke about how their ministry is working with DASH to achieve healthy adults, healthy living performance standards
- Dr. Lawrence St Leger spoke about social development and how our schools still have a long way to go to change the way we learn about what is best for the body.
- Dr. Linda Kaser and Dr. Judy Halbert spoke about the importance of school connectedness. Again treating the students as part of the solution not the problem. Inclusion and cooperation from all parties involved.
- We could work with Dietitians of Canada for their input on a school start up check list for PAC presidents. I feel it is imperative for BCCPAC to create one and they would like to suggest a few things that could go on it. We have already been contacted by Estelle to talk about this.